



# HAM STEAK

## READY FOR ANY OCCASION

- Fully cooked and slow smoked over real hardwood
- No added nitrates or nitrites
- No preservatives or artificial ingredients



**NO ANTIBIOTICS, EVER**  
**NO ADDED HORMONES**  
**CRATE-FREE**



[HumaneHeartland.org](http://HumaneHeartland.org)



# HAM STEAK

**UNCURED  
HAM STEAK 5OZ.**

<b>Nutrition Facts</b>	
2.5 servings per package	
<b>Serving size</b>	<b>2 oz (56g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>90</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 650mg	<b>28%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 1g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 13g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	6%
Potassium 237mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Uncured Ham Prepared With: Water, Salt, Vinegar, Contains less than 2% of the following: Turbinado Sugar, Cultured Celery Powder.

Item #	Retail UPC	Description	Pack Spec	Case Weight (lbs)			Shelf Life (Days) <sup>3</sup>	Case GTIN	Case Style
				Net	Tare	Gross			
53659	072745536595	Uncured Ham Steak 5oz.	12/5 oz.	3.75	0.8	4.55	30	10072745 53659 5	A

<sup>3</sup> Minimum shelf life to first receiver calculated based on proper handling and cold chain management. Keep refrigerated below 40° at all times.

Case Style	Case Dimensions (LxWxH)	Case Cube	Pallet Pattern
A	8.875 x 6.5 x 6.87	.229	27 x 8 = 216